

I-PSS* Score Card & Quality of life Score Card

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always Patient score	Patient score
1. Incomplete emptying Over the past month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5	

2. Frequency Over the past month, how often have you had to urinate again less than 2 hours after you finished urinating?	0	1	2	3	4	5	
---	---	---	---	---	---	---	--

3. Intermittency Over the past month, how often have you found that you've stopped and started again several times when you urinated?	0	1	2	3	4	5	
---	---	---	---	---	---	---	--

4. Urgency Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5	
--	---	---	---	---	---	---	--

5. Weak steam Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5	
--	---	---	---	---	---	---	--

6. Straining Over the past month, how often have you had to push and strain to begin urination?	0	1	2	3	4	5	
---	---	---	---	---	---	---	--

7. Nocturia Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you get up in the morning?	0 None	1 Time	2 Times	3 Times	4 Times	5 Times	
---	-----------	-----------	------------	------------	------------	------------	--

	Delighted	Pleased	Mostly satisfied	Mixed	Mostly dissatisfied	Unhappy	Terrible
Quality of life due to urinary symptoms. If you were to spend the rest of your life with your urinary condition the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Quality of life Assessment index QOL = Total I-PSS* score /35

*The International Prostate Symptom Score (I-PSS) is an important aspect of the initial evaluation in patients suspected with BPH.

American Urological Association (AUA) Symptom Score Index. These symptom scores are identical and consist of seven questions relating to the severity of symptoms, as well as a separate question about the bothersomeness of the symptoms. The maximum possible score is 35; scores 0-8 are generally regarded as mild, 9-19 as moderate; and 20 or above as severe. The I-PSS* and AUA scores are used to measure symptom severity only, and are not a diagnostic test to determine whether symptoms are due to BPH.